

Objectives - At the conclusion of the Foundations of SBIRT course, participants will be able to:

1. Describe the background and rationale for conducting SBIRT in a variety of care settings;
2. Explain at least three screening procedures for identifying patients engaged in at-risk substance use behaviors; and
3. Describe how to utilize a three-step brief intervention strategy (FLO) and motivational interviewing techniques to motivate patients to change their at-risk behavior and/or seek treatment.

Successful Completion – This program offers 1.5 contact hours. Learners must score at least 80% on each of 4 quizzes within the module to receive credit. Partial credit is not available.

Conflict of Interest – In accordance with continuing education guidelines, the content developers and planning committee members have disclosed financial relationships with commercial interest organizations that might be relevant to the content. The following individuals have nothing to disclose: Thomas E. Freese, PhD; Sherry Larkins, PhD; Martha Lofgreen, WHNP-BC; Beth A Rutkowski, MPH.

Commercial Support/Sponsorship – There is no commercial support or sponsorship for this program.

Expiration Date of Enduring Materials – Nursing contact hours will be awarded for this program through March 20, 2016.

The University of Missouri-Kansas City School of Nursing is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.