

Intrauterine Contraception: Mechanisms of Action, Terminology, Candidates for Use and Duration of Use Virtual Coffee Break

Provided by the University of Missouri-Kansas City School of Nursing and Health Studies
and Jointly Provided by the Clinical Training Center for Sexual Reproductive Health

Even Description:

This virtual coffee break was created by the Clinical Training Center for Sexual Reproductive Health. It is intended for Title X program clinical providers, pharmacists, nurses, and other staff who provide contraception counseling and administration. This brief learning opportunity will prepare participants to confidently discuss the types of intrauterine contraception (IUC) and their mechanisms of action, identify criteria for patient use, and describe the efficacy and duration of use for each.

Objectives:

- Define the methods of intrauterine contraception (IUC)
- Discuss the mechanisms of action for each type of IUC
- Describe the nomenclature for intrauterine devices, including brand names
- Identify FDA-approved duration of use for each type of IUC
- List the criteria for candidate selection

Successful Completion:

This webinar offers 0.25 contact hours. To receive contact hours, participants must complete the course with a satisfactory grade of 80% or higher on the quiz and complete the Evaluation/Request for Credit form. CNE and certificates of completion will be emailed within three to four weeks after submitting the evaluation.

Commercial Support/ Sponsorship:

There is no commercial support for this training.

Funding Acknowledgement

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Disclaimer

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Potential Relevant Financial Relationships:

In accordance with continuing education guidelines, the contributing authors and planning committee members have disclosed potential relevant financial relationships with ineligible companies whose products or services may be discussed during this program. These have been mitigated

Content Experts: Kristin Metcalf-Wilson is a board member for Afaxys Pharmaceuticals and is a Nexplanon trainer for Organon.

Planning committee: Denise Raybon, Angela Bolen and Sharon Colbert have financial relationships with ineligible companies to disclose.

The following planning committee member has a relevant financial relationship with an ineligible company, and this has been mitigated. Jacki Witt serves on the advisory panel for Mayne Pharmaceuticals (hormonal contraception) and Merck (HPV Vaccine).

Accreditation:

Continuing Nursing Education:

The University of Missouri-Kansas City School of Nursing and Health Studies is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This webinar offers 0.25 contact hours for nurses.

Enduring Materials – CNE contact hours will be awarded for this program through September 30, 2026.

Contact Angela Bolen at bolena@umkc.edu or 816-235-6611 if you have questions regarding continuing education credit.