

Safety Planning for Youth Suicide Prevention Online Course

Overview

In this course, participants will develop their knowledge and skills in using the Stanley-Brown Safety Planning Intervention, an evidence-based collaborative intervention for clinicians and clients at risk of suicide. Participants will learn the core elements of the Safety Planning Intervention, strategies for collaborating with young clients and their family members, and ways to overcome challenges.

Successful Completion

To receive contact hours, participants must submit a completed evaluation and request for credit form and complete the course with a satisfactory grade of 80% or higher on all quizzes. CME, NASW and non-CE Certificates of Completion are available immediately for electronic download upon satisfactory completion of the course.

Objectives

- Explain the rationale for safety planning and obtaining a crisis narrative
- Describe the six steps of the Stanley-Brown Safety Plan
- Adapt the safety planning language when working with youth
- Explain who can be included on the safety plan as social distraction and as trusted adults
- Gain skills for collaborating with family members in the safety planning process
- Determine next steps for implementing the safety plan and following up with the client

Potential Relevant Financial Relationships

In accordance with continuing education guidelines, speakers and planning committee members have disclosed relevant financial relationships with ineligible companies whose products or services may be discussed during this activity. However, they will be mitigated.

Contributors/Subject Matter Experts:

Adam Chu, MPH; Ben Doty, PhD, MPH; Beverly W. Funderburk, PhD; Julia Loewenthal, LICSW and Barbara Stanley, PhD have no relevant financial relationships with ineligible companies to disclose.

Planning Committee:

Angela Bolen, Sharon Colbert, Tammy Bennett, DNP (c), RN, WHNP, and Kristin Metcalf-Wilson, DNP, WHNP-BC, have no relevant financial relationships with ineligible companies to disclose.

Commercial Support – There is no commercial support for this program.

Accreditation Statement:

Continuing Medical Education

The AAFP has reviewed Safety Planning for Youth Suicide Prevention and deemed it acceptable for up to 1.00 Enduring Materials, Self-Study AAFP Elective credit(s). Term of Approval is from 01/02/2026 to 01/02/2027. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

National Association of Social Workers (NASW)

Continuing Social Work Education: This program is approved by the National Association of Social Workers (Approval # 886867499-3314) for 1.0 continuing education contact hours.

Enduring Materials – CME: Contact hours will be awarded for this program through January 2, 2027. NASW contact hours will be awarded for this program through October 31, 2026.

Contact Angela Bolen at bolena@umkc.edu or 816-235-6611 if you have questions regarding continuing education credit.