

Intrauterine Contraception: Evaluation and Management of Pain and Bleeding Virtual Coffee Break

Provided by the University of Missouri-Kansas City School of Nursing and Health Studies
and Jointly Provided by the Clinical Training Center for Sexual Reproductive Health

Even Description:

This virtual coffee break was created by the Clinical Training Center for Sexual and Reproductive Health to review best practices for the evaluation and management of pain and bleeding during Intrauterine Contraception (IUC) use.

Objectives:

- Describe potential bleeding irregularities and variations during IUC use.
- Describe best practices for the treatment of bleeding during IUC use.
- Identify effective approaches to ease client pain during and after IUC placement.
- Discuss anticipatory counseling for clients to enhance understanding of IUC use.

Successful Completion:

This e-learning course offers 0.25 contact hours. To receive contact hours, participants must complete the course with a satisfactory grade of 80% or higher on the quiz and complete the Evaluation/Request for Credit form. CNE and certificates of completion will be emailed within three to four weeks after submitting the evaluation.

Commercial Support/ Sponsorship:

There is no commercial support for this e-learning course.

Funding Acknowledgement

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Disclaimer

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Potential Relevant Financial Relationships:

In accordance with continuing education guidelines, the contributing authors and planning committee members have disclosed potential relevant financial relationships with ineligible companies whose products or services may be discussed during this program. These have been mitigated.

Content Experts: Kristin Metcalf-Wilson is a board member for Afaxys and is a Nexplanon trainer for Organon. Joely Pritzker is a Nexplanon trainer for Organon.

Planning committee: Denise Raybon, Angela Bolen and Sharon Colbert have no relevant financial relationships with ineligible companies to disclose.

The following planning committee members have a relevant financial relationship with an ineligible company, which has been mitigated. Jacki Witt serves on the advisory panel for Mayne Pharmaceuticals (hormonal contraception) and

Merck (HPV Vaccine). Kristin Metcalf-Wilson is a board member for Afaxys Pharmaceuticals and is a Nexplanon trainer for Organon.

Accreditation:

Continuing Nursing Education:

The University of Missouri-Kansas City School of Nursing and Health Studies is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This e-learning course offers 0.25 contact hours for nurses.

Enduring Materials – CNE contact hours will be awarded for this e-learning course through September 30, 2026.

Contact Angela Bolen at bolena@umkc.edu or 816-235-6611 if you have questions regarding continuing education credit.