

## **Disclosure Information**

### **PrEP 101 – Who Needs It and Why It Matters**

Provided by the University of Missouri-Kansas City School of Nursing and Health Studies  
Jointly Provided by the Clinical Training Center for Sexual Reproductive Health

#### **Description:**

Pre-exposure prophylaxis (PrEP) isn't just for specialists—it's for everyone in healthcare. This session will introduce PrEP as a critical HIV prevention strategy and challenge common assumptions about who can benefit. Many people at risk for HIV don't realize PrEP is for them, and many providers don't realize they can—and should—offer it. Participants will gain a foundational understanding of PrEP's role in reducing HIV acquisition, its importance in routine sexual and reproductive healthcare, and practical ways to normalize and integrate it into everyday practice.

#### **Objectives:**

- Distinguish between geographic-based and risk-based screening criteria and apply CDC recommendations to clinical practice.
- Define PrEP and explain its effectiveness in preventing HIV
- Identify a broader range of patients who can benefit from PrEP
- Understand how PrEP fits into routine sexual and reproductive health services and how all providers can play a role in offering it
- Describe the three tiers of PrEP service provision 5. Assess which PrEP service model aligns with their clinic's resources.

#### **Successful Completion:**

To receive contact hours, participants must complete the activity as well as complete the online evaluation and request for credit form. CNE, CME, and Certificates of Completion will be emailed 4 – 6 weeks after submission of the online evaluation/request for credit form.

#### **Relevant Financial Relationships:**

In accordance with continuing education guidelines, the contributing presenters/trainers/authors and planning committee members have disclosed potential relevant financial relationships with ineligible companies. Ineligible companies are those whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

Subject Matter Experts: Brandon Mizroch, MD has no relevant financial relationships with ineligible companies to disclose. Kristin Metcalf-Wilson, DNP, WHNP-BC serves on the advisory board for Afaxys Pharmaceuticals and is a Nexplanon trainer for Organon.

Planning Committee: Shelby Webb, Sharon Colbert and Angela Bolen have no relevant financial relationships with ineligible companies to disclose. Tammy Bennett, DNP, WHNP-BC, is a Nexplanon trainer for Organon.

All relevant financial relationships listed for these individuals have been mitigated.

#### **Commercial Support/ Sponsorship:**

None.

**Funding Acknowledgement**

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**Disclaimer**

Opinions expressed herein are the views of the contributors and do not reflect the official position of the Department of Health and Human Services (DHHS), the Office of Population Affairs (OPA), or the Clinical Training Center for Sexual and Reproductive Health (CTC-SRH). No official support or endorsement by DHHS, OPA, or CTC-SRH is intended or should be inferred.

**Accreditation Statements:****Continuing Nursing Education:**

The University of Missouri-Kansas City School of Nursing and Health Studies is accredited as a provider of continuing nursing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

This program offers up to 1.0 for nurses.

**Continuing Medical Education:**

The AAFP has reviewed PrEP 101 – Who Needs It and Why It Matters - Enduring and deemed it acceptable for up to 1.00 Enduring Materials, Self-Study AAFP Elective credit(s). Term of Approval is from 05/15/2025 to 05/15/2026. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Enduring Material:**

Contact hours will be awarded for this activity through May 15, 2026.

Contact Angela Bolen at [bolena@umkc.edu](mailto:bolena@umkc.edu) or 816-235-6611 if you have questions regarding continuing education credit.