

This is Your Brain: Understanding the Brain and Its Clinical Implications E-Learning Course

Overview

As behavioral health professionals, we often have gaps in our education around the basics of how our brain functions and how that functioning is impacted by trauma, mental health, substance use, and recovery. This session is a foundational course designed to introduce the fundamentals of brain functioning in ways that are both understandable and can be effectively and practically utilized in treatment and leveraged for recovery.

Successful Completion

This course offers up to 1.0 contact hours for participants. To receive contact hours, participants must submit a completed evaluation and request for credit form and complete the course with a satisfactory grade of 80% or higher on the quiz. NAADAC Certificates, as well as Non-CE Certificates of Completion, are available immediately for electronic download upon satisfactory completion of the course.

Objectives

By the end of the course, participants will be able to:

- Verbalize the primary function of the brain and the two primary systems thereof
- Articulate a basic understanding of how learning occurs.
- Identify the ways substance use impacts brain functioning.
- Discuss how recovery is impacted by and impacts brain functioning as well.

Disclaimer

Opinions expressed herein are the views of the contributors and do not reflect the official position of the University of Missouri-Kansas City School of Nursing and Health Studies (UMKC-SoNHS). No official support or endorsement by UMKC-SoNHS is intended or should be inferred.

Commercial Support – There is no commercial support for this program.

NAADAC Accreditation Statement:

This course has been approved by the University of Missouri-Kansas City School of Nursing and Health Studies (UMKC SoNHS) as a NAADAC Approved Education Provider, for 1.0 CE(s). NAADAC Provider #64973, UMKC School of Nursing and Health Studies, is responsible for all aspects of its programming.

Enduring Materials – Contact hours will be awarded for this program through September 01, 2026.

Contact Angela Bolen at bolena@umkc.edu or 816-235-6611 if you have questions regarding continuing education credit.