

Disclosure Information

Family Building and Basic Infertility Services

Virtual Coffee Break

Provided by the University of Missouri-Kansas City School of Nursing and Health Studies
Jointly Provided by the Clinical Training Center for Sexual Reproductive Health

Description:

This Virtual Coffee Break introduces providers to the updated 2024 Quality Family Planning recommendations on family building and basic infertility services. Participants will explore person-centered approaches to supporting diverse family-building pathways, strategies to enable healthy pregnancies, and guidance on offering basic fertility services with appropriate referrals. Through practical examples, case studies, and interactive knowledge checks, the course equips providers to affirm patients' reproductive goals with compassion, respect, and evidence-based care.

Outcome:

Participants will self-report increased confidence in providing person-centered sexual and reproductive health care that supports varied family-building pathways, promotes healthy pregnancy, and includes appropriate basic infertility services and referrals

Objectives:

Upon completion of this module, participants will be able to:

- Provide person-centered care to support all family-building pathways with compassion and respect.
- Support healthy pregnancy and fertility by offering education, screenings, and pre-pregnancy care.
- Offer basic fertility services and ensure timely referrals for advanced reproductive treatments when needed.
- Affirm patients' reproductive goals through comprehensive education, counseling, and emotional support.

Successful Completion:

To receive contact hours, participants must complete the activity as well as complete the online evaluation and request for credit form. CNE as well as Certificates of Completion will be emailed 4 – 6 weeks after submission of the online evaluation/request for credit form.

Relevant Financial Relationships:

In accordance with continuing education guidelines, the contributing presenters/trainers/authors and planning committee members have disclosed potential relevant financial relationships with ineligible companies. Ineligible companies are those whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

Subject Matter Expert: Rachel Urrutia, MD, MSCR, has no relevant financial relationships with ineligible companies to disclose.

Planning Committee: Denise Raybon, Sharon Colbert and Angela Bolen have no relevant financial relationships with ineligible companies to disclose. Kristin Metcalf-Wilson, DNP, WHNP-BC, serves on the advisory board for Afaxys Pharmaceuticals and is a Nexplanon trainer for Organon.

All relevant financial relationships listed for these individuals have been mitigated.

Commercial Support/ Sponsorship:

None.

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Disclaimer

Opinions expressed herein are the views of the contributors and do not reflect the official position of the Department of Health and Human Services (DHHS), the Office of Population Affairs (OPA), or the Clinical Training Center for Sexual and Reproductive Health (CTC-SRH). No official support or endorsement by DHHS, OPA, or CTC-SRH is intended or should be inferred.

Accreditation Statements:**Continuing Nursing Education:**

The University of Missouri-Kansas City School of Nursing and Health Studies is accredited as a provider of continuing nursing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

This program offers up to .25 for nurses.

Enduring Materials – Contact hours will be awarded for this e-learning course through September 15, 2026.

Contact Angela Bolen at bolena@umkc.edu or 816-235-6611 if you have questions regarding continuing education credit.