

## **Disclosure Information**

### **Counseling, Prescribing, Monitoring, and Sustaining PrEP**

### **Virtual Coffee Break**

Provided by the University of Missouri-Kansas City School of Nursing and Health Studies  
Jointly Provided by the Clinical Training Center for Sexual Reproductive Health

#### **Description:**

This practical, microlearning course will equip clinicians with the knowledge and skills to confidently integrate HIV prevention into everyday practice. This course explores the full spectrum of PrEP services, from identifying candidates and providing patient-centered counseling, to prescribing, monitoring, and sustaining PrEP use across different care delivery models. Through real-world case scenarios, participants will learn how to tailor PrEP options to individual needs, strengthen clinic workflows, and expand access to this powerful HIV prevention tool.

#### **Outcome:**

Participants will self-report increased confidence in using person-centered communication to assess client needs, determine appropriate SRH services, and make referrals beyond their site's scope.

#### **Objectives:**

*Upon completion of this module, participants will be able to:*

- Describe the role of PrEP in HIV prevention and identify who may benefit from PrEP services.
- Compare and contrast available PrEP options (oral and injectable) and align them with patient needs and preferences.
- Explain the three tiers of PrEP service delivery in Title X-funded and other clinical settings and recognize the provider's role at each tier.
- Apply patient-centered counseling strategies that foster trust, respect autonomy, and support informed decision-making.
- Implement best practices for PrEP monitoring and follow-up, including testing, adherence assessment, and side-effect management.

#### **Successful Completion:**

To receive contact hours, participants must complete the activity as well as complete the online evaluation and request for credit form. CNE as well as Certificates of Completion will be emailed 4 – 6 weeks after submission of the online evaluation/request for credit form.

#### **Relevant Financial Relationships:**

In accordance with continuing education guidelines, the contributing presenters/trainers/authors and planning committee members have disclosed potential relevant financial relationships with ineligible companies. Ineligible companies are those whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

Subject Matter Experts: Kristin Metcalf-Wilson, DNP, WHNP-BC, serves on the advisory board for Afaxys Pharmaceuticals and is a Nexplanon trainer for Organon and Tammy Bennett, DNP, WHNP-BC, is a Nexplanon trainer for Organon have relevant financial relationships with ineligible companies to disclose.

Planning Committee: Denise Raybon, Sharon Colbert and Angela Bolen have no relevant financial relationships with ineligible companies to disclose. Kristin Metcalf-Wilson, DNP, WHNP-BC, serves on the advisory board for Afaxys Pharmaceuticals and is a Nexplanon trainer for Organon.

All relevant financial relationships listed for these individuals have been mitigated.

**Commercial Support/ Sponsorship:**

None.

**Funding Acknowledgement**

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**Disclaimer**

Opinions expressed herein are the views of the contributors and do not reflect the official position of the Department of Health and Human Services (DHHS), the Office of Population Affairs (OPA), or the Clinical Training Center for Sexual and Reproductive Health (CTC-SRH). No official support or endorsement by DHHS, OPA, or CTC-SRH is intended or should be inferred.

**Accreditation Statements:**

**Continuing Nursing Education:**

The University of Missouri-Kansas City School of Nursing and Health Studies is accredited as a provider of continuing nursing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

This program offers up to .25 for nurses.

**Enduring Materials** – Contact hours will be awarded for this e-learning course through September 30, 2026.

Contact Angela Bolen at [bolena@umkc.edu](mailto:bolena@umkc.edu) or 816-235-6611 if you have questions regarding continuing education credit.