

Disclosure Information

Women's Preventive Care: Age-Based Guideline Review (Enduring)

Provided by the University of Missouri-Kansas City School of Nursing and Health Studies
Jointly Provided by the Clinical Training Center for Sexual Reproductive Health

Description:

Sexual and reproductive health providers care for individuals across the lifespan, yet age-specific clinical recommendations can shift in important ways during adolescence, young adulthood, midlife, and the perimenopausal years. This webinar provides a practical, evidence-informed review of sexual and reproductive health recommendations across key life stages: adolescents, young adults, middle-aged adults, and individuals in the perimenopausal transition. Participants will explore how clinical priorities evolve over time, including preventive services recommendations for adolescents, pregnancy prevention and STI screening for younger adults, chronic disease and reproductive health intersections in midlife, and counseling considerations during perimenopause. Emphasis will be placed on person-centered, developmentally appropriate care that supports informed decision-making and timely access to services.

Objectives:

- Describe key sexual and reproductive health recommendations relevant to adolescents, young adults, middle-aged adults, and perimenopausal patients.
- Compare how screening, counseling, and preventive care priorities shift across age groups and life stages.
- Apply age-appropriate clinical considerations to contraception counseling, STI prevention and screening, and broader sexual and reproductive health care.
- Identify common areas of confusion or missed opportunities in age-based care and strategies to support evidence-based, person-centered practice.

Successful Completion:

To receive contact hours, participants must complete the activity as well as complete the online evaluation and request for credit form. CNE, CME and Certificates of Completion will be emailed 4 – 6 weeks after submission of the online evaluation/request for credit form.

Relevant Financial Relationships:

In accordance with continuing education guidelines, the contributing presenters/trainers/authors and planning committee members have disclosed potential relevant financial relationships with ineligible companies. Ineligible companies are those whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

Trainer: Susan Kendig, JD, WHNP-BC, FAANP, has no relevant financial relationships with ineligible companies to disclose.

Planning Committee: Denise Raybon, Sharon Colbert and Angela Bolen have no relevant financial relationships with ineligible companies to disclose.

Kristin Metcalf-Wilson, DNP, WHNP-BC serves on the advisory board for Afaxys Pharmaceuticals and is a Nexplanon trainer for Organon.

All relevant financial relationships listed for these individuals have been mitigated.

Commercial Support/ Sponsorship:

None.

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Disclaimer

Opinions expressed herein are the views of the contributors and do not reflect the official position of the Department of Health and Human Services (DHHS), the Office of Population Affairs (OPA), or the Clinical Training Center for Sexual and Reproductive Health (CTC-SRH). No official support or endorsement by DHHS, OPA, or CTC-SRH is intended or should be inferred.

Accreditation Statements:**Continuing Nursing Education:**

The University of Missouri-Kansas City School of Nursing and Health Studies is accredited as a provider of continuing nursing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

This program offers up to 1.0 for nurses.

Continuing Medical Education:

The AAFP has reviewed Women's Preventive Care: Age-Based Guideline Review - Enduring and deemed it acceptable for up to 1.00 Enduring Materials, Self-Study AAFP Elective credit(s). Term of Approval is from 07/13/2026 to 07/13/2027. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Contact Angela Bolen at bolena@umkc.edu or 816-235-6611 if you have questions regarding continuing education credit.